



## 10+ Team Captain's Log

#### Team Name:

#### Captain Name:

Directions:

- Record your team members' total weekly minutes
- When Walk Across Arkansas is over, total the minutes walked for weeks 1 through 8 and write the totals for your team in the space provided.

Member Names	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
1.	•		Ŭ					
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
11.								
12.								
13.								
14.								
15.								
Weekly Total Minutes Exercised								



### Walk Across Tennessee, Sullivan County



10+ Team Captain's Log

16.				
17.				
18.				
19.				
20.				
21.				
22.				
23.				
24.				
25.				
26.				
27.				
28.				
29.				
30.				
Weekly Total Minutes Exercised				

# 8 Week Team Total of Minutes Exercised \_\_\_\_\_

The University of Arkansas System Division of Agriculture offers all its Extension and Research programs to all eligible persons without regard to race, color, sex, gender identity, sexual orientation, national origin, religion, age, disability, marital or veteran status, genetic information, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.